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Reebok

Usermanual

i-Trainer.SE

reebokfitness.info

Reebok

RFE 4489_RE014201_iTrainerSE_UMFINAL.indd 1-1
25/06/2010 16:09

Welcome from Reebok Fitness

Thank you for choosing Reebok. Before you get started, please read these instructions carefully. If you experience any difficulties, our support team will be happy to help – or check out our website at **reebokfitness.info**

Important note:

Consult your doctor before starting any exercise programme. If you feel any sickness, chest pain, dizziness or breathlessness during your training, stop exercising and consult your doctor immediately.

If you have any further queries please contact our customer support team on the details provided either at the foot of this page or on the back of the manual.

Customer Support
0800 440 2459
techsupport@rfeinternational.com

Reebok

Contents

Reebok i-Trainer.SE

Parts 02
Assembly. 04
Precautions. 14
Functions 16
Correct Use 17
Warm Up 18
Computer 19
Maintenance 25
Troubleshooting 26
Parts ID. 28
Limited Warranty 32

Model name: Reebok i-Trainer.SE

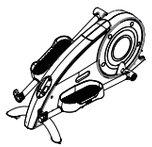
Serial number: . . . . . .

These details can be found on the underside of your product.

Checking The Parts

Before you begin, please check all parts are present and undamaged. If you are missing any parts, please call our Technical Support team on the number at the top of this page.

117 x 1

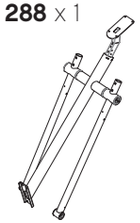


238 x 1

103 x 1

842 x 1

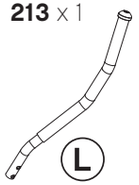
288 x 1



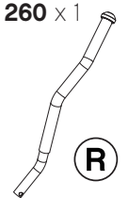
346 x 1

344 x 1

213 x 1



260 x 1



340 x 1

805 x 1

804 x 1

216 x 2

217 x 2

205 x 2

237 x 2

712 x 2

713 x 2

Blister Pack

290 x 8
M8x12mm

814 x 8
8mm

373 x 5
8x17x1.5mm

215 x 5
M8x20mm

211 x 2
M4x10mm

219 x 2
M6x50mm

541 x 1
M5x29mm

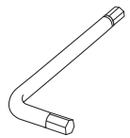
220 x 2
6mm

807 x 7
8mm

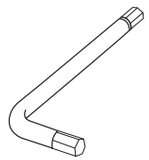
802 x 12
M4x15mm

A x 1
4mm

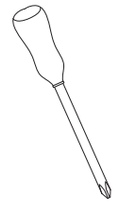
B x 1
5mm



C x 1
6mm

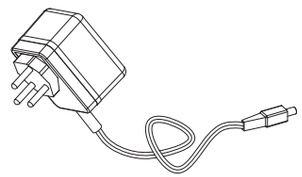


D x 1



E x 1

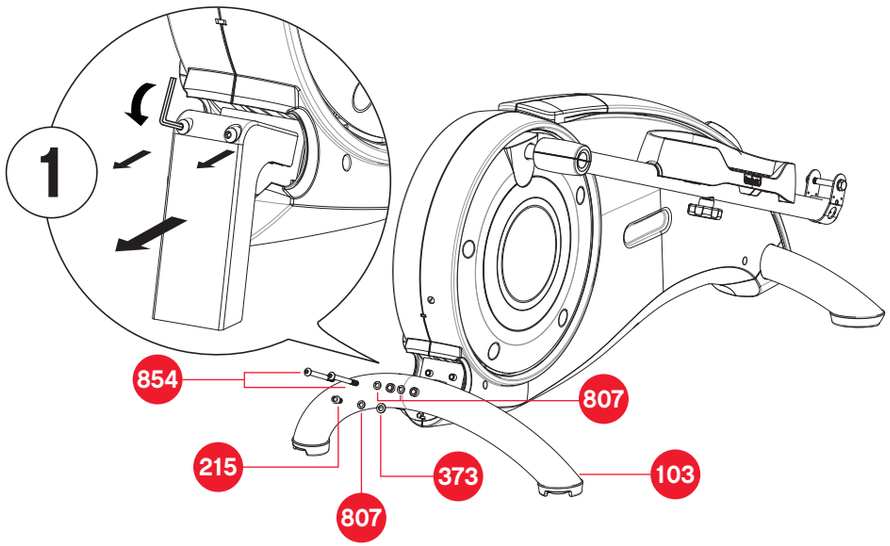
F x 1



Stabiliser

1. Remove the crosstrainer from the box.
2. Remove the transport stabiliser (fig.1). This is located at the back of the product by loosening the 2 x 854 bolts . Retain the bolts for use in step 3.
3. There are three holes in the rear stabiliser (103). Attach the rear stabiliser to the main frame, as shown, by fixing the 2 x 854 bolts and 2 x 807 spring washers from the discarded transport stabiliser into the top two holes.
4. Now fix the rear stabiliser by inserting 1 x 215 bolt in the bottom hole, along with 1 x 807 spring washer and 1 x 373 flat washer.

You will require:



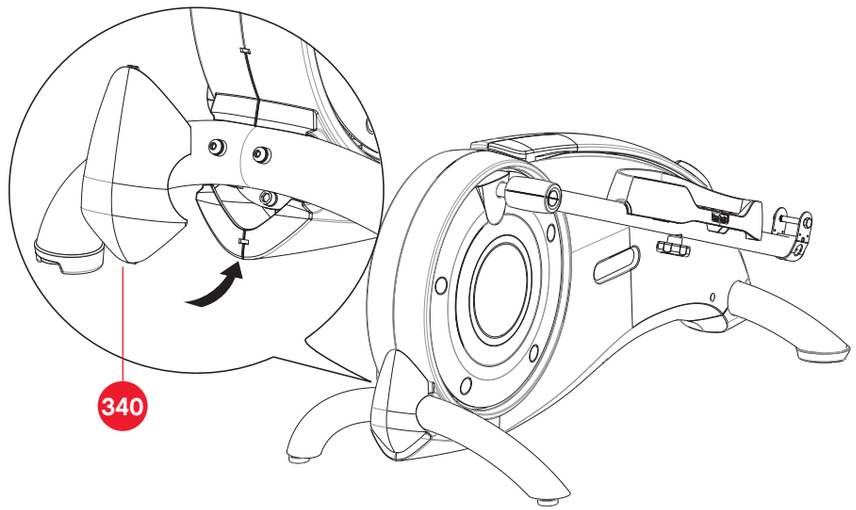
To aid access to the bolt holes during assembly, it may help to place the cross trainer body on a piece of polystyrene packaging.

Stabiliser continued

5. Once complete, clip the plastic cover (340) over the stabiliser.

You will require:

340 x 1



Upright

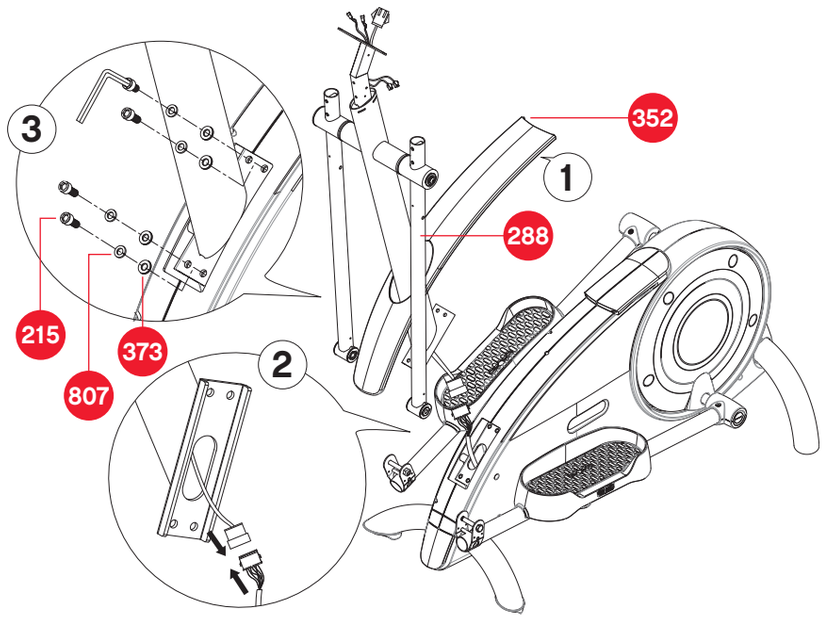
6. Place the upright (288) through the upright cover (352) as shown (fig.1).
7. Connect the wires from the bottom of the upright to the main body of the crosstrainer (fig.2).

You will hear a click, which will confirm those wires are connected together.

8. Fix the upright to the front of the cross trainer using 4 x 215 bolts, 4 x 807 spring washers and 4 x 373 flat washers (fig.3).

Initially insert bolts to finger tight. Once the upright is correctly located tighten each bolt properly using the Allen key.

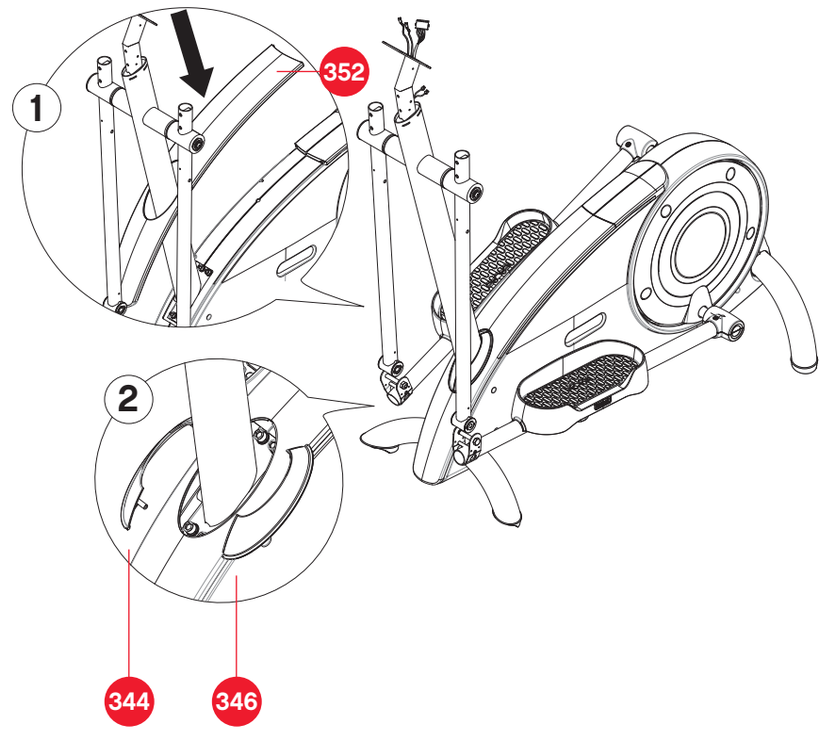
You will require:



Upright Covers

9. Push the upright cover (352) into place on the main body to cover the upright bolts (fig.1).
10. Clip the handlebar cowlings (344 & 346) around the base of the upright (fig.2).

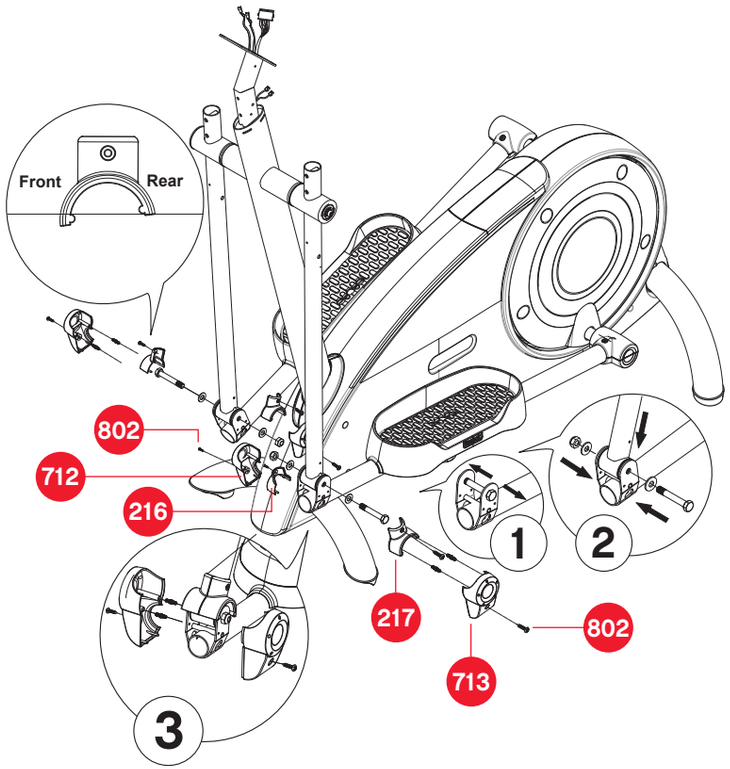
You will require:



Handles

11. Remove the nut, bolt and washers pre assembled into the front of the pedal arm (fig.1).
12. Connect the handle to the front of the pedal arm using these components, as illustrated (fig.2).
13. Cover the end of the handlebar by fitting the handlebar cover inners (216 & 217) to the handlebar cover outers (712 & 713) as shown and secure using 4 x 802 screws (fig.3).
14. Repeat this process for the other handlebar.

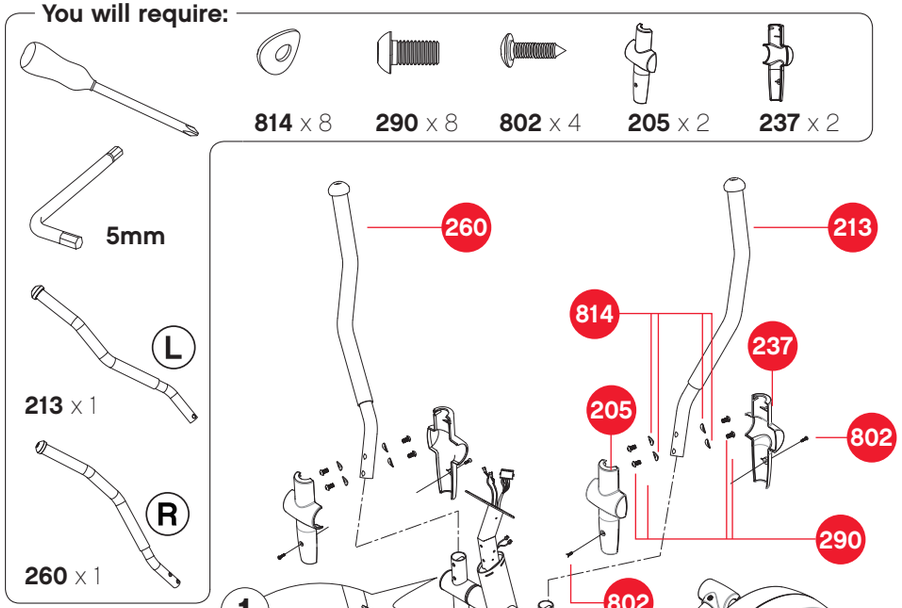
You will require:



Upper Handlebars and Covers

15. Push the tops of the upper handlebars (213 & 260) into the handlebar tubes (fig.1)
16. Fix these using 4 x 290 bolts and 4 x 814 curve washers into each handlebar.
17. Once both handlebars are secure, place the handlebar covers (205 & 237) over the joint, and fix using 2 x 802 screws into each handlebar.

You will require:



Grip Bar

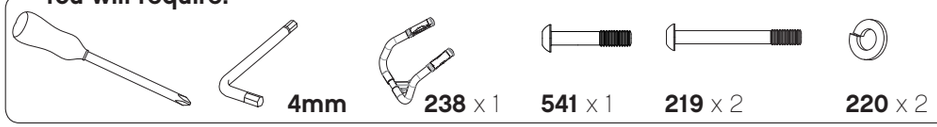
18. Connect the wires on the grip bar (238) to the wires at the top of the upright (these will control the EKG hand pulse sensors) (fig.1).

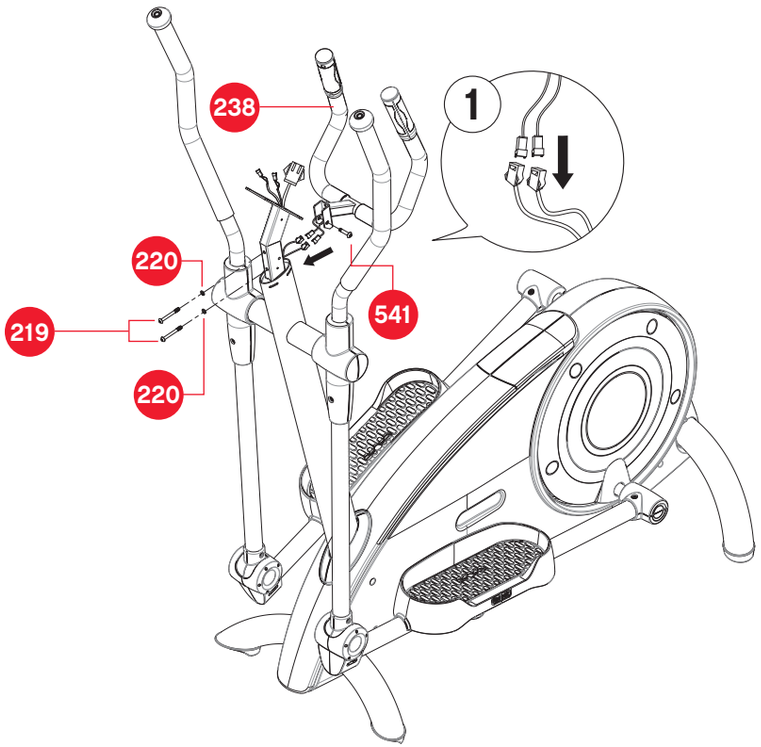
A click will confirm the wires have connected together.

19. Push the grip bar into position onto the top of the upright. Insert 1 x 541 screw through the grip bar bracket and the upright, from one side to the other. Ensure the wires are not trapped by pushing them back into the upright.

20. Now insert 2 x 219 bolts and 2 x 220 spring washers into the back of the handlebars and tighten with the Allen key.

You will require:





Console & Console Covers

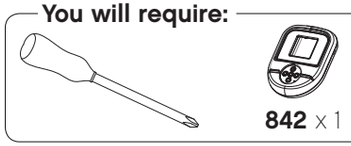
21. Connect the wires on the console (842) to the wires at the top of the upright.

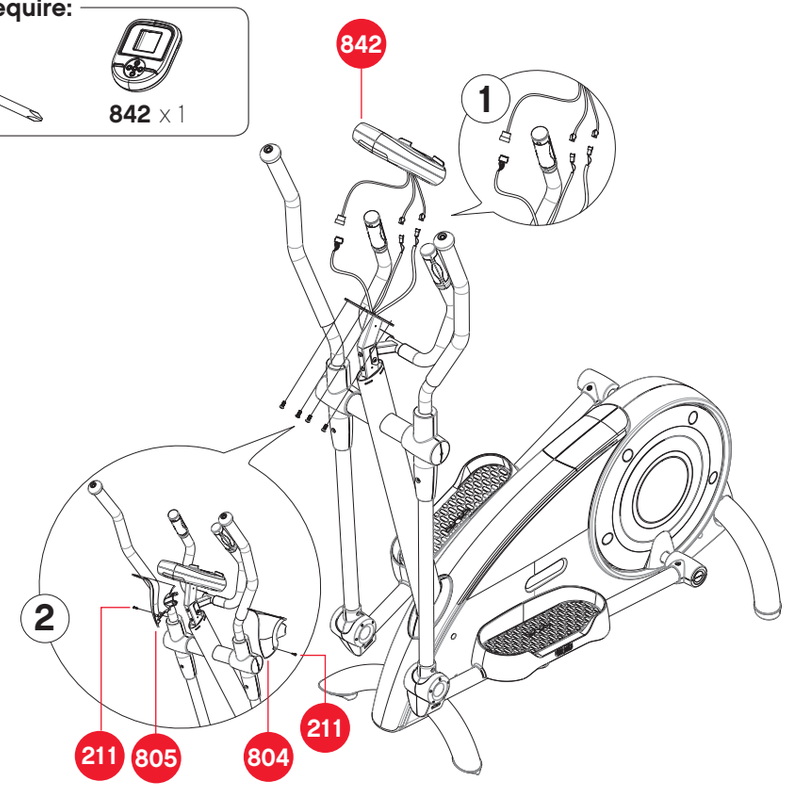
You will hear a click to confirm these have connected (fig.1).

22. Screw the console to the plate at the top of the upright using the 4 pre-assembled screws located in the back of the console.

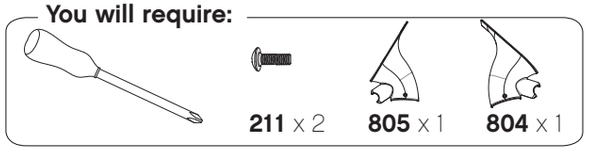
23. Clip the console housing (804 & 805) onto the back of the console, and secure using 2 x 211 screws (fig.2).

You will require:



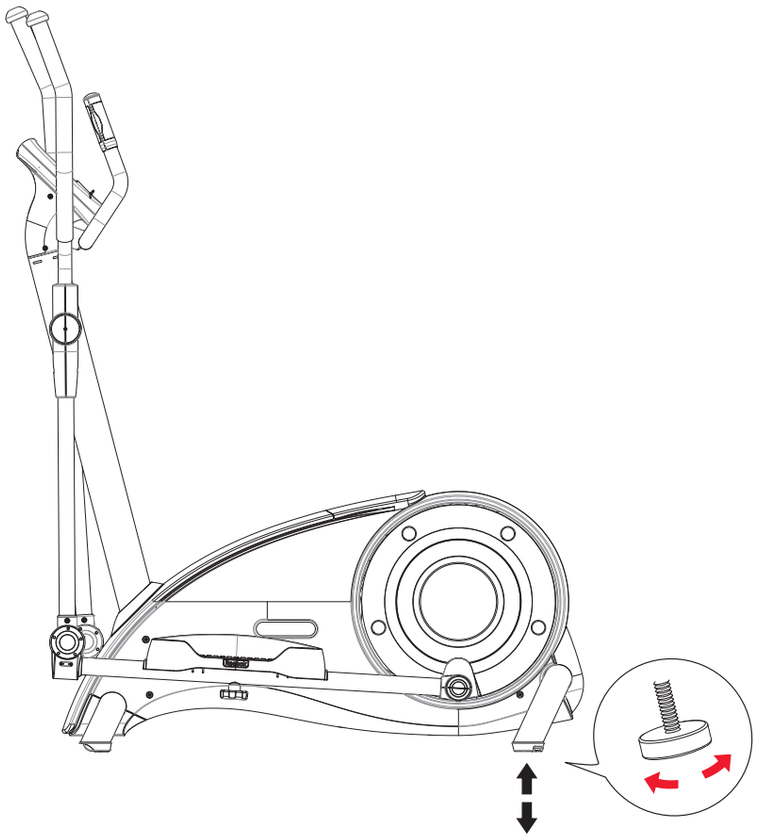


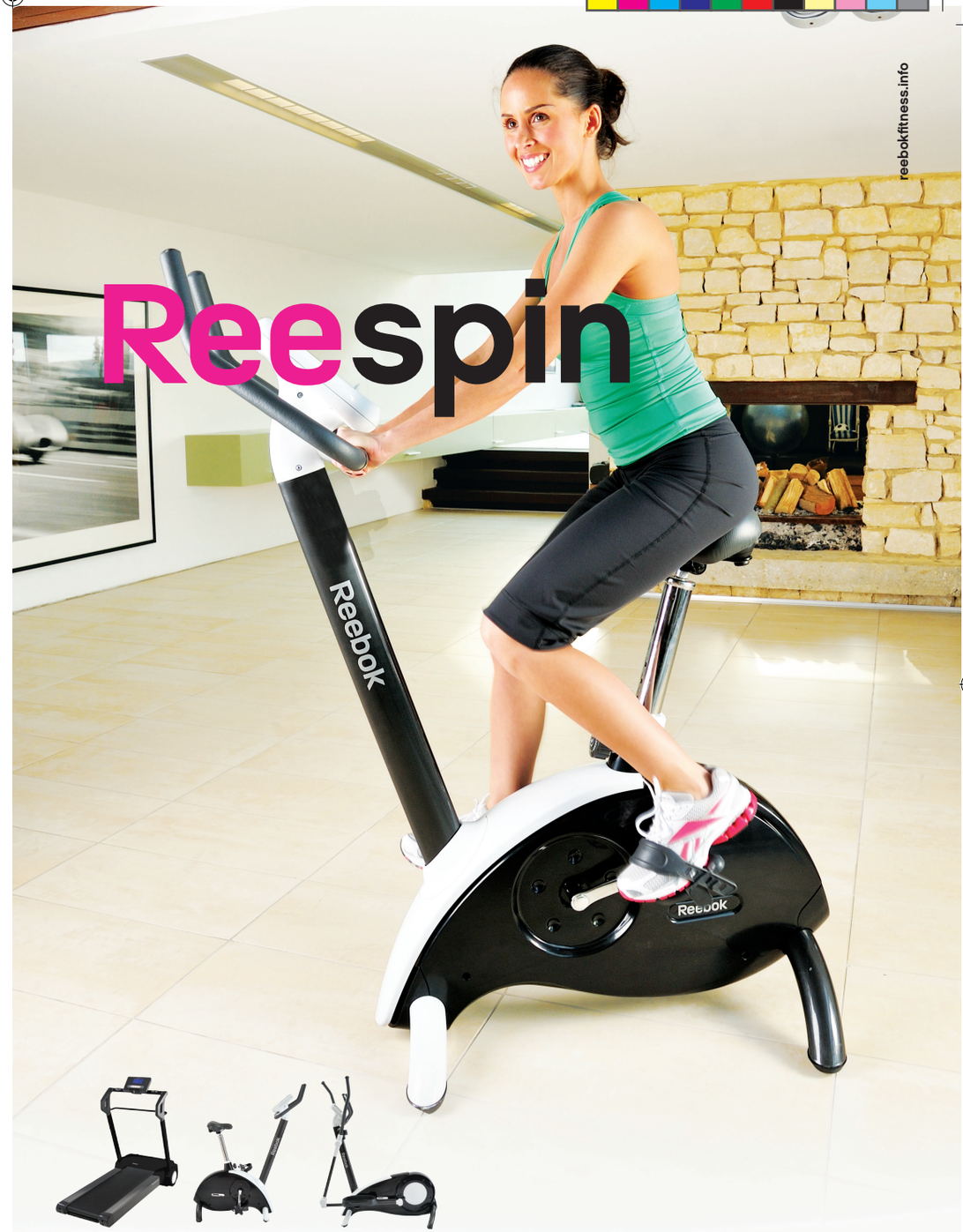
You will require:



Adjustable Feet

24. There are adjustable feet in the rear stabiliser. These can be screwed in or out to accommodate minor level imbalances.





The Reebok i-Series line is designed to be smart and easy with compact structures, simple assembly and easy-to-use controls.
Product shown: i-Bike.SE in white.

Reebok

Precautions

These instructions are intended to provide important information for use and maintenance of the equipment as well as for your personal safety. Keep this user manual in a safe place for future reference.

WARNING!

This product is made for home use only and tested up to a maximum body weight of 120kg.

RFE International Ltd. assumes no responsibility for personal injury or property damage sustained by or through the use of this equipment. It is the responsibility of the owner to ensure that all users of this equipment are adequately informed of all warnings and precautions.

SCOPE

- Maximum user weight of 120kg.
- This product is designed for physical exercise by adults. This product is not suitable for use by persons under 14 years of age.
- Never allow more than one person on the equipment at a time.

ENVIRONMENT

- Ensure that those present are aware of possible hazards e.g. moveable parts during training.
- Ensure that sufficient space is available to use the product.
- Please ensure that liquids or perspiration are wiped off the product.
- This product is designed to be used and stored indoors. Do not store the product outside, or in damp/dusty environments.
- The product is made for home use only. Warranty and manufacturer's liability do not extend to any product or damage to the product caused by commercial use.

USER HEALTH

- Consult your doctor before starting any exercise programme to receive advice on the optimal training.
- Ensure the product is on a flat, level surface with at least 0.5m of clear area surrounding the product.
- Incorrect/excessive training can cause health injuries.
- If you feel sickness, chest pain, fits of dizziness or breathlessness during your training, immediately stop the training and consult your doctor.

PRODUCT PREPARATION

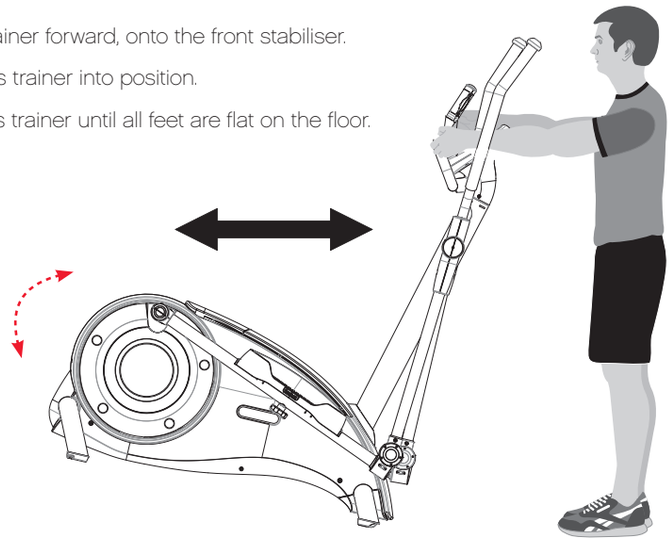
- Ensure that training only starts after correct assembly, adjustment and inspection of the product.
- Follow the steps of the assembly instructions carefully.
- Only use suitable tools for assembly and ask for assistance if necessary.
- Only use original Reebok parts as delivered (see checklist).

SAFETY CHECKS (Before Every Use)

- Tighten all adjustable parts to prevent sudden movement while training.
- Tighten all nuts and bolts.
- Check that the tension knob is secure.
- Ensure the product is on a flat, level surface.
- Do not use the product without shoes or with loose shoes.
- Be aware of non-fixed or moving parts whilst mounting or dismounting the product.
- Do not wear loose or poorly fitting clothing that may become trapped in the product.

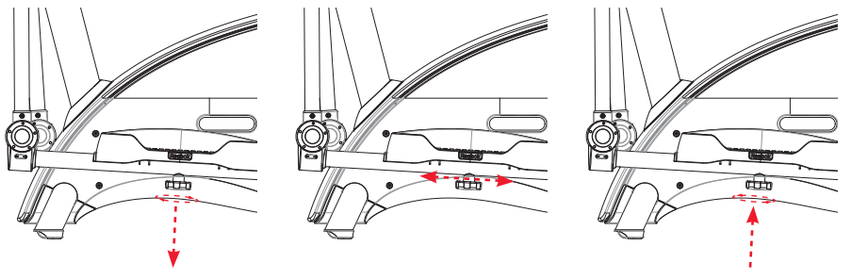
Transport

1. Tilt the cross trainer forward, onto the front stabiliser.
2. Wheel the cross trainer into position.
3. Lower the cross trainer until all feet are flat on the floor.

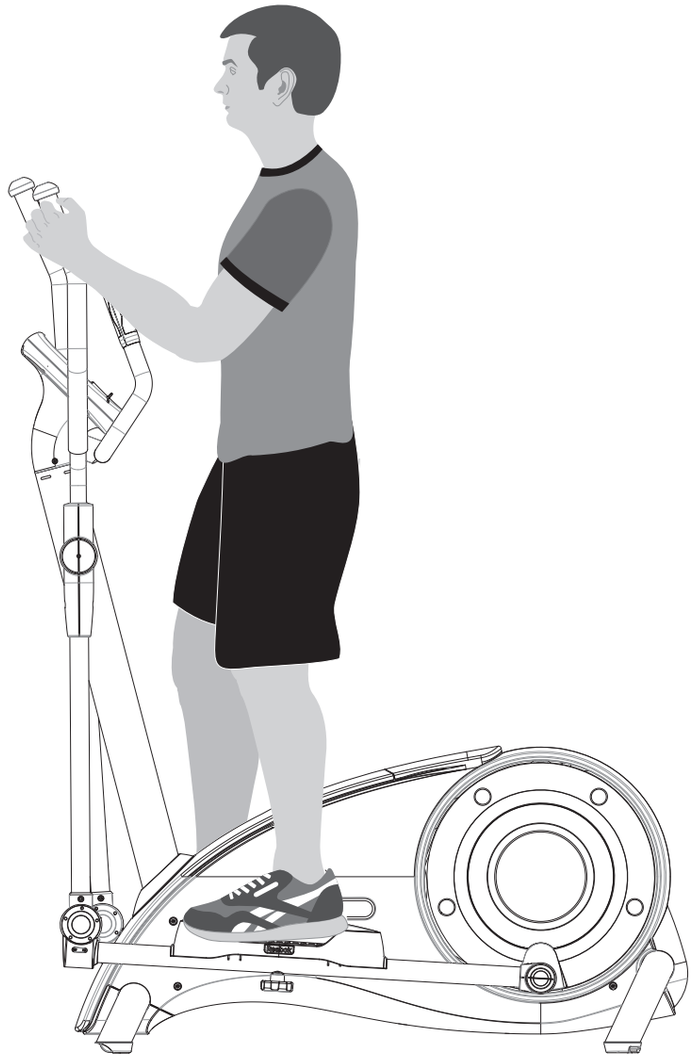


Adjust the footplates

1. Loosen the adjustment knob beneath the footplate.
2. Move the footplate to one of the three available positions.
3. Re-tighten the adjustment knob to secure the footplate into its new position.



We recommend you use your cross trainer in the following way:



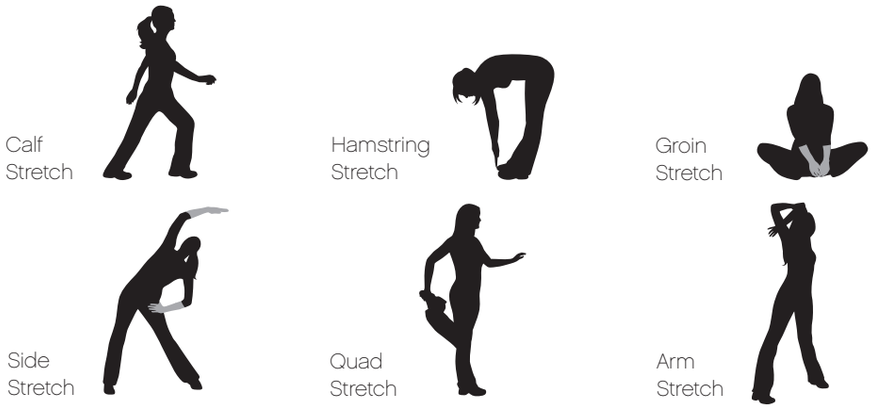
Warming Up

It is important to warm up before exercising to prepare your body for the workout it is about to do. The first phase of a warm up is to increase your heart rate and get blood pumping around your body faster. Choose an activity which will warm up the same muscles you are going to use during your workout.

1. 5-10 minutes heart rate raising activity
2. Static stretching
3. Workout

Stretches

Hold each stretch for about 30 seconds. Stretching should not hurt; only stretch your muscles to as far as is comfortable. If you have a tight or previously injured muscle stretch the affected muscle group within the warm up. Do not perform any sudden movements while warming up.

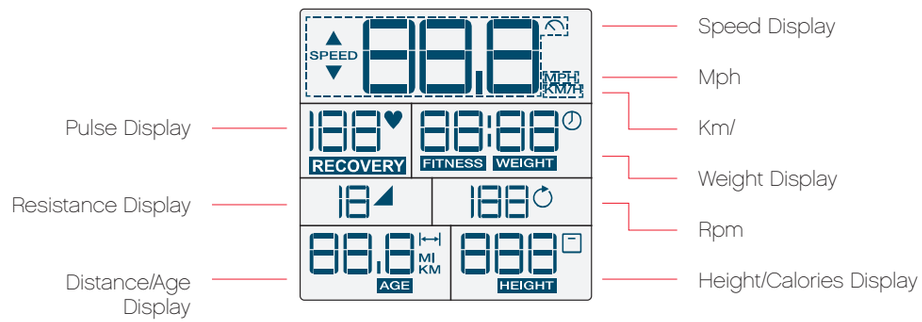


Cool Down

Following your workout you should carry out a cool down.

This should gradually bring your heart rate back to a resting level. To do a cool down perform an activity of your choice at a low intensity e.g. a steady 5 minute jog. This should be followed by static stretches, similar to those in the warm up. Again, hold each stretch for 30 seconds.

Computer Functions:



WARNING!

The console requires to use the adaptor and plug in the adaptor in the lower of chain cover.

Preset Programmes

Your i-Trainer.SE has 6 preset programmes:

- **Target Time Programme**

A programme where you can workout for a set amount of time.

- **Target Distance Programme**

A programme where you can workout for a set distance.

- **Target Calories Programme**

A programme where you can workout until you have burnt a set number of calories.

- **Interval Programme**

A programme where you can workout at various speeds and resistances.

- **Endurance Programme**

A programme where you can workout for a given time or distance over varied, pre programmed resistances.

- **20 Minute Fitness Test**

A programme where you can assess your current fitness level.

Quick start

To exercise without any preset programme:

Turn the power to the cross trainer on. Press ▶ and begin training immediately. The console will record your distance, calories and time (counting up).

All programmes can be overridden at any time by pressing ■.

WARNING!

Failure to start training within 30 seconds of pressing the ▶ button will result in the programme stopping. The console will enter standby mode 3 minutes later if no activity is detected in this time.

Target Time Programme

1. Having turned the power on, press ■ once.
2. The time will be flashing on the screen (the default is 30.00 minutes).
3. Adjust this time using the ▲ and ▼ buttons, press ■ to confirm setting.
4. Press ▶ to begin your workout.

At the end of the programme, a long beep will sound. Your workout data will then be displayed for 30 seconds before the console returns to its original screen.

Target Distance Programme

1. Having turned the power on, press ▲ to select P2, and press ■ enter into program.
2. The distance will be flashing on the screen (the default is 5.0km or 3.2 miles).
3. Adjust this distance using the ▲ and ▼ buttons, press ■ to confirm setting.
4. Press ▶ to begin your workout.

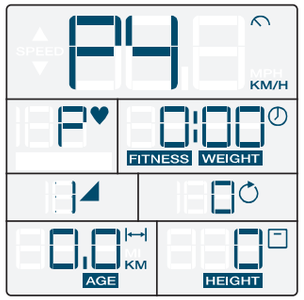
You can press and hold the ▲ or ▼ buttons to adjust the target distance more quickly.

Target Calories Programme

1. Having turned the power on, press ▲ to select P3, and press ■ enter into program.
2. The target calories will be flashing on the screen (the default is 50 calories).
3. Adjust the target calories using the ▲ and ▼ buttons, press ■ to confirm setting.
4. Press ▶ to begin your workout.

You can press and hold the ▲ or ▼ buttons to adjust the target calories more quickly.

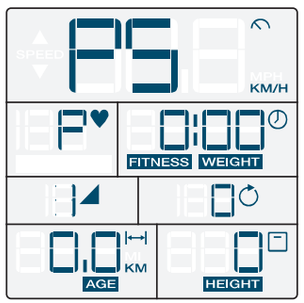
Interval Programme



1. Having turned the power on, press ▲ to select P4, and press ■ enter into program.
2. L1 will appear on the screen. This is the resistance level. Use ▲ or ▼ to adjust the resistance between Level 1 (L1) and level 8 (L8). Press ■ to confirm your choice.
3. Now, the default time of 30.00 minutes will appear on the screen. Press ▲ or ▼ to adjust the duration of your workout. Press ■ to confirm your choice.
4. Press ▶ to begin your workout.

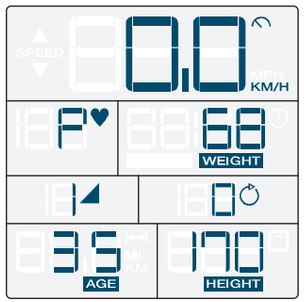
You can adjust the resistance level during the interval programme by pressing the ▲ or ▼ buttons.

Endurance Programme



1. Having turned the power on, press ▲ to select P5, and press ■ enter into program.
2. L1 will appear on the screen. This is the resistance level. Use ▲ or ▼ to adjust the resistance between Level 1 (L1) and Level 8 (L8). Press ■ to confirm your choice.
3. Now, the default time of 30.00 minutes will appear on the screen. Press ▲ or ▼ to adjust the duration of your workout. Press ■ to confirm your choice.
4. Press ▶ to begin your workout.

You can adjust the resistance level during the endurance programme by pressing the ▲ or ▼ buttons.



20 Minute Fitness Test Programme

The fitness test programme assesses your ability to work to a target heart rate. At the end of the session you will be graded between 1 and 6. It is recommended you only progress your fitness test difficulty level when you have achieved an excellent (F1) score in the difficulty level below.

In order to complete the fitness test programme, the computer needs to know your height, weight, age and target heart rate:

1. Press the ♡ button.
2. The weight value will be flashing on the console (factory default is 68kg or 150lb). Press ▲ or ▼ to adjust this value, and use ■ to confirm your choice.
3. The default height of 170cm or 67 inches will be flashing now. Use the ▲ and ▼ buttons to adjust this value to your height. Press ■ to confirm your choice.
4. The default age of 35 will be flashing now. Again, press ▲ or ▼ to adjust this value to your age. Press ■ to confirm your choice.

   The computer will now calculate your heart rate range during exercise (65% of your maximum heart rate). E.g. for a 35 year old person, the target heart rate would be (220-35) x 65% = 120 beats per minute. The programme is designed to make you work at a heart rate of 115 to 125bpm.
5. Press ▶ to begin your fitness test programme.

You must grip the hand pulse sensors for the duration of your workout on the fitness test programme.

20 Minute Fitness Programme Continued.

When the programme is underway, the computer will guide you to work within your required training zone. If your heart rate is too high, the console will beep twice, and the following screen will be displayed in the speed section:

If your heart rate is below the target zone, the console will beep twice and the speed arrow will point up as follows:

When you are training at an appropriate speed, the screen will appear as follows:

If you hear more than two beeps, you need to change your speed significantly in order to work within the target heart rate zone.

At the end of the programme, a 1 minute recovery programme will begin. It is important to keep your hands on the pulse sensors throughout this minute so the computer can measure your recovery. During this time you should notice your heart rate falling.

At the end of the recovery minute your score will be displayed in the top section:

F1 Excellent
F2 Very Good
F3 Good
F4 Satisfactory
F5 Below Average
F6 Poor
Fx.x Failure to hold pulse sensors throughout recovery period

Proper maintenance is very important to ensure your equipment is always in top working condition. Improper maintenance could cause damage or shorten the life of your equipment as well as exceeding the warranty coverage.

1. Inspect and tighten all parts of the equipment regularly:
   - Any worn parts must be replaced immediately.
   - Pay particular attention to nuts, bolts, screws and washers.
2. For continued smooth operation ensure the front and rear stabilisers are fully tightened and kept clean and free from any residue like perspiration or dust.
3. To ensure all components of the equipment, including the frame, are in a good condition please ensure any perspiration or dust is wiped clean on a regular basis using a soft, damp cloth.
4. Please don't use abrasives or solvents as this may affect the colouring or operation of the components.
5. Check the pedals / footplates are fully tightened before each use.
6. Keep the equipment out of direct sunlight at all times.

Q My equipment is out of the warranty can you still help me?

A Yes we can still help, we have a large network of engineers that cover 98% of the British Isles and can provide replacement parts. For a quote on parts or engineer call out please contact our Technical Support phone line listed on the back of this manual.

Q Can I keep my equipment in my garage?

A Yes, but not in a garden shed. Note if your equipment is kept in a garage, ensure it is covered and placed on a mat or carpet. It is important to protect it from being exposed to extremes in temperature, heat, humidity and moisture.

Q I have an error message on my screen what does this mean and what can I do?

A There are a number of error messages that may be displayed on your computer. Please see the codes below:

- E1 – No speed signal.
- E2 – The computer can not interface with the computer chip.
- E3 – When analysing the body fat this error will occur if the computer can not read your pulse.
- E5 or ERR-M – This indicates there is a fault with the servo motor.

If you have any of these errors we would advise for you to recheck all the connecting wires in the back of the computer, the front post and the pulse wires coming from the handle bars firstly. If this does not cure the problem please contact us on Technical Support phone line listed on the back of this manual.

Q The console does not display distance, speed or calories.

A Firstly the wiring that was connected during assembly needs to be checked. These are located into the rear of the computer and halfway down the inside of the handlebar tube. These can be disconnected completely then reconnected to reset this function. If the console still does not function properly, please do not hesitate to contact our Technical Support phone line above.

Q My new bike squeaks, is this normal?

A This is not normal there are some basic checks that we would advise you to perform:

- Please check all nuts and bolts are secure but not over tightened (it may be worth loosening slightly if noise seems to be coming from a specific area).
- Please check that all washers are fitted and in the correct position.
- Please lubricate all moving parts with either WD40 or light grease (grease is the best option).
- Ensure front and rear stabilisers are attached correctly.
- Ensure the front upright post is locked in position with no movement
- Make sure all bolts are tight.
- Please check pedal/foot plates are fully secure.

If these checks do not help to remedy the fault please don't hesitate to contact us.

Q I can't seem to attach my left pedal?

A Please be aware the left pedal has a reverse thread and will attach in a backward direction. This needs to be threaded onto the crank in a counter clockwise direction.

Q When I press the buttons on my bike it does beep but there is no display on the screen. Do I need a new computer?

A This may be a simple contrast setting please follow the instructions below:

- Remove the power from the machine.
- Insert the power back to the machine.
- Press and hold the "stop" button.
- While holding the "stop" button tap the "up" arrow.
- You will find the screen starts to reappear.
- When you are happy with the screen release all the buttons.

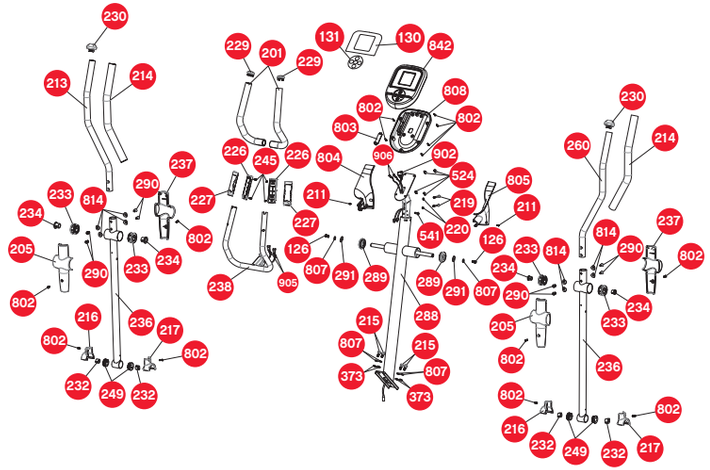
If this does not work please contact our Technical Support phone line listed on the back of this manual.

Diagram 1

IT SE-373 8x17x1.5 Washer x 4
IT SE-126 M8x15 Screw x 2
IT SE-215 M8x20 Screw x 4
IT SE-201 Foam Grip x 2
IT SE-219 M6x50 Bolt x 2
IT SE-288 Upright x 1
IT SE-289 Upright Axle Bushing x 2
IT SE-205 Handlebar Cover – Rear x 2
IT SE-237 Handlebar Cover – Front x 2
IT SE-249 Lower Handlebar Bushing – 1 x 4
IT SE-541 M5x29 Bolt x 1
IT SE-236 Lower Handlebar Tube x 2
IT SE-290 M8x12 Screw x 8
IT SE-211 M4x10 Screw x 2
IT SE-213 Action Handlebar – Upper – Left x 1
IT SE-214 Foam Grip 28-29x660 x 2
IT SE-260 Action Handlebar – Upper – Right x 1
IT SE-216 Lower Handlebar – Cover – Left x 2
IT SE-217 Lower Handlebar – Cover – Right x 2
IT SE-524 M5x14 Screw x 4
IT SE-291 Ø 8x23x2 Washer x 2
IT SE-130 Overlay x 1
IT SE-131 Button Overlay x 1
IT SE-807 Ø 8x14x2 Spring Washer x 6
IT SE-230 Handlebar End Cap x 2
IT SE-229 Fixed Handlebar End Cap x 2
IT SE-227 Handle Pulse Sensor Cover – Upper x 2
IT SE-226 Handle Pulse Sensor Cover – Lower x 2
IT SE-802 M4x15 Screw x 14
IT SE-902 7 Pin Wire – Upper x 1
IT SE-245 3.5x16 Screw x 4
IT SE-905 Handle Pulse Sensor Wire x 2
IT SE-906 Handle Pulse Sensor Wire – Middle x 2
IT SE-232 Lower Handlebar Bearing Sleeve – 2 x 4
IT SE-233 Action Handlebar Bushing – Upper – 1 x 4
IT SE-234 Action Handlebar Bearing Sleeve – Upper – 2 x 4
IT SE-220 6x10x2 Spring Washer x 2
IT SE-238 Handlebar Tube x 1
IT SE-842 Console Housing Upper Cover x 1
IT SE-803 Battery Cover x 1
IT SE-804 Console Housing Cover – Left x 1
IT SE-805 Console Housing Cover – Right x 1
IT SE-808 Console Housing Lower Cover x 1
IT SE-814 8.5x20.5x2 Curve Washer x 8

Diagram 2

IT SE-846 M6x14 Screw x 2
IT SE-126 M8x15 Screw x 6
IT SE-807 Ø 8x14x2 Spring Washer x 6
IT SE-220 6x10x2 Spring Washer x 4
IT SE-292 5x22x2 Washer x 2
IT SE-446 Crank Arm x 2
IT SE-476 Drving Belt 630J-6 x 1
IT SE-477 Crank Shaft Plate x 2
IT SE-457 Driving Belt Plastic Pulley x 1
IT SE-478 Crank Shaft x 1
IT SE-479 M6x20 Screw x 6
IT SE-480 M5x30 Screw x 4
IT SE-439 Nut M10x17x4 x 1
IT SE-415 Flywheel D-Shaped Holder x 1
IT SE-416 Flywheel x 1
IT SE-514 Aluminium Disc x 1
IT SE-434 Flywheel Driving Belt Pulley x 1
IT SE-420 Flywheel Axle M10x100.8 x 1
IT SE-421 M6x6 Screw x 4
IT SE-422 M10 Nut x 2
IT SE-423 Flywheel Ring-Shaped Holder x 1
IT SE-424 M10 C-cliper x 1
IT SE-373 8x17x1.5 Washer x 4



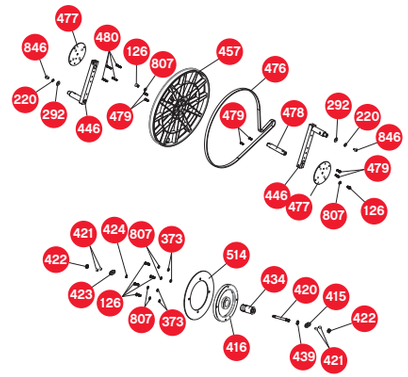
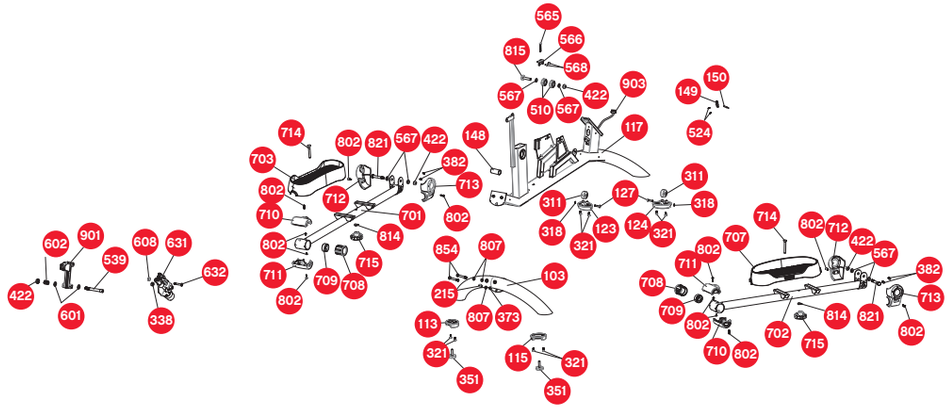


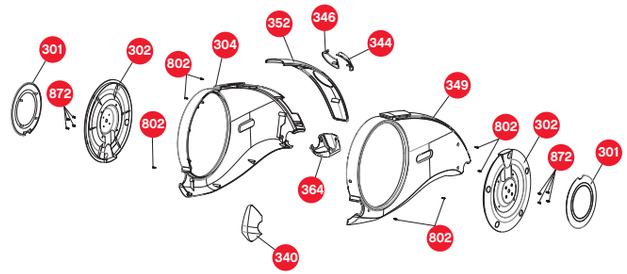
Diagram 3

IT SE-373 8x17x1.5 Washer x 1
IT SE-113 Rear Stability Tube Cover – Left x 1
IT SE-814 8.5x20.5x2 Curve Washer x 2
IT SE-802 M4x15 Screw x 12
IT SE-565 M4x45 Bolt x 1
IT SE-566 Tension Bracket Adjustment Base x 1
IT SE-815 M10x39 Bolt x 1
IT SE-567 10x20x1.5 Washer x 6
IT SE-510 6300 Bearing x 2
IT SE-539 M10x78 Bolt x 1
IT SE-568 M5x8 Screw x 2
IT SE-701 Foot Plate Tube – Left x 1
IT SE-702 Foot Plate Tube – Right x 1
IT SE-382 Plastic Insert x 4
IT SE-115 Rear Stability Tube Cover – Right x 1
IT SE-117 Main Frame x 1
IT SE-903 7 Pin Wire – Lower x 1
IT SE-321 M5x14 Screw x 8
IT SE-601 10x26x2 Washer x 2
IT SE-602 1.5x15x25x5 Spring x 1
IT SE-901 Magnet bracket x 1
IT SE-338 M8 Nut x 1
IT SE-123 Transportation Wheel Cover – Left x 1
IT SE-124 Transportation Wheel Cover – Right x 1
IT SE-127 Transportation Wheel Holder x 2
IT SE-311 Transportation Wheel x 2
IT SE-703 Foot Plate – Left x 1
IT SE-821 M10x67 Bolt x 2
IT SE-422 M10 Nut x 4
IT SE-707 Foot Plate – Right x 1
IT SE-708 Foot Plate Tube Bushing x 2
IT SE-709 2203 Bearing x 2
IT SE-710 Rear Foot Plate Tube Rear Cover – Lower x 2
IT SE-711 Rear Foot Plate Tube Rear Cover – Upper x 2
IT SE-712 Front Foot Plate Tube Front Cover – Left x 2
IT SE-713 Front Foot Plate Tube Rear Cover – Right x 2
IT SE-714 Foot Plate Fix Bolt M8x65 x 2
IT SE-715 Foot Plate Fix Knob x 2
IT SE-608 M6 Nut x 1
IT SE-632 M6x38 Bolt x 1
IT SE-631 Motor x 1
IT SE-103 Rear Stability Tube x 1
IT SE-148 Main Frame Bearing Sleeve x 1
IT SE-351 Rear Stability Tube Adjustment Foot x 2
IT SE-854 M8x85 Bolt x 2
IT SE-149 Speed Sensor Fix Buckle x 1
IT SE-150 Speed Sensor x 1
IT SE-524 M5x14 Screw With Pad x 2
IT SE-215 M8x20 Screw x 1
IT SE-318 M6 C-cliper x 2
IT SE-807 8x14x2 Spring Washer x 3

Diagram 4

IT SE-802 4X15 Screw x 7
IT SE-301 Side Cover – Outside x 2
IT SE-302 Crank Disc x 2
IT SE-352 Chain Cover – Upper x 1
IT SE-304 Main Chain Cover – Left x 1
IT SE-349 Main Chain Cover – Right x 1
IT SE-346 Upright Lower Cover – Left x 1
IT SE-344 Upright Lower Cover – Right x 1
IT SE-872 4x12 Screw x 8
IT SE-364 Rear Stability Tube Cover – Inner x 1
IT SE-340 Rear Stability Tube Cover – Outer x 1





Limited Warranty

Reebok i-Trainer.SE

Customer Support 0800 440 2459

RFE International Ltd warrants products to be free from defective workmanship and materials, under normal use and service conditions, for the period of 2 years from the date of purchase. Details of these service conditions can be found within the product's user manual.

In order to validate warranty dates, a proof of purchase is required. This warranty only extends to the original purchaser and will only be covered in the country the machine was purchased.

RFE's obligation under this warranty is limited to replacing or repairing, at RFE's discretion, the product through one of its authorised service centres. All repairs for which warranty claims are made must be pre-authorised by RFE.

This warranty does not extend to any defect caused by abuse, misuse, additions, modifications or repairs not provided by an RFE authorised service centre.

Products used for commercial or rental purposes and/or used as store display models are not covered by this warranty. This product is designed for home use.

No other warranty beyond that specifically set forth above is authorised by RFE.

RFE is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyment or use, costs of removal, installation or other consequential damages of whatsoever nature.

We advise that your product is kept in a room with a constant environment; preventing your product from being exposed to extremes in temperature, heat, humidity and moisture. Guidance on the correct storage of equipment is contained within the product's user manual.

PLEASE RETAIN YOUR RECEIPT AS PROOF OF PURCHASE.

Your statutory rights remain unaffected.

Reecycle

Reebok products are recyclable. At the end of its useful life please dispose of this Reebok product correctly and safely at a local refuse site.

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